

Dani Bidros, M.D.

Neurological surgery

Instructions for surgery

Your surgery is scheduled for _____ @ _____

_____ Have all lab work done one to two weeks prior to surgery. Call to schedule your pre-admit appointment to avoid long waiting.

_____ Go to Dr. _____ office for medical/cardiac clearance for surgery

_____ Scrub _____ with antibacterial soap the night before and the morning of surgery.

_____ Do not eat or drink anything, including water, ice or chewing gum, after midnight on _____.

_____ Be sure to have all of your medications on hand when pre-admitting to the hospital. Do not take any medicine the morning of surgery, unless you have been instructed to do so.
Stop all aspirin products seven days prior to surgery.

_____ Admit to the hospital: _____ morning of surgery (Admitting Dept)
**Hospital will call you the day before your surgery to advise of your arrival time

_____ Please make sure all x-rays/CD's are in our office before surgery date

_____ Please bring a pair of non-skid type slippers to the hospital along with sleepwear that you prefer. If you are having neck or arm surgery, please pack a button-down shirt to wear home from the hospital

_____ Do not bring money, jewelry, valuables or contact lens to the hospital; no makeup, nail polish, hairspray or cologne/perfume allowed for the day of surgery.

_____ A surgery deposit of \$ _____ is required 48 hours prior to surgery date.

I, _____, have read the above instructions and understand them. If I have any questions, I will call the office at 281-529-6626 before my surgery date.

Signed: _____ Date: _____